



First Aid NZ Ltd Phone 09 480 0182
 Email helen@firstaidnz.co.nz
 Please note courses will be cancelled if minimum numbers are not met.

2025 Workplace First Aid Refresher

Course Locations

West: Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula. Some parking available.

North: Milford Cruising Club, 24 Craig Road, Milford. Street parking available.

South: Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey Drive), Mt Wellington. Parking is available.

East: Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga. There is parking in Gill Road, which is opposite the tennis club by the reserve.

Central: Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available.

COURSE TIMES ARE 9.30-4.00PM APPROXIMATELY (unless advised otherwise)

	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
West	-	Mon 3 rd	Tues 11 th	Fri 4 th	Tues 6 th	Tues 3 rd
North	Tues 21 st	Mon 17 th	Fri 7 th	Tues 1 st	Fri 2 nd	Wed 4 th
South	Thurs 23 rd	Mon 10 th	Thurs 6 th	Mon 7 th	Thurs 1 st	Thurs 5 th
East	-	Thurs 13 th	-	-	Thurs 29 th	-
Central	Wed 22 nd	Wed 19 th	Wed 12 th	Wed 9 th	Wed 14 th	Wed 18 th

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

Lunch is not provided on courses; during breaks we will provide tea and coffee